

This is Lynchburg.



LYH ADVENTURES TOGETHER

With the James River rolling along the foot of our historic Downtown and the Blue Ridge Mountains providing a beautiful backdrop, Lynchburg offers an abundance of outdoor activities for the adventurous type. From our 40 miles of urban trails, to Muskie fishing, to cycling the Blue Ridge Parkway, our city is an outdoor paradise. On this tour, enjoy the views from year-round slopes, travel the historic waters of the James River, and get close to art and nature at the foot of Downtown. So, pack your adventure gear, gather the group and get on the road to Lynchburg for some outdoor fun.



Ride the Rapids with James River Adventures

The folks at [James River Adventures](#) will get you settled in a kayak, canoe, or even a Batteau ride along the James River to experience the river's history, health and future while having fun and enjoying its beauty. Once in the water, you will quickly leave Lynchburg's urban backdrop and experience the natural, wilder side of the James River passing by Percival's Island, under soaring bridges and through the beautiful bottom land of Central Virginia. This trip offers plenty of opportunity to spot wildlife including otters, beavers, eagles, osprey, deer, and fish.



Lunch

Lynchburg has many dining options from which to choose. Here are a couple recommendations:

Raise a glass for a toast to your river adventure at [{RA} Bistro](#). Their wide variety of signature cocktails, long beer and wine list, and delicious menu offerings like stacked high sandwiches, pasta dishes and bistro-style salads will fuel you up for the next activity.

Recharge your batteries at [Shakers Restaurant](#) before heading to your next adventure. With a wide variety of menu options - including a fun selection of entrée salads, hearty steaks, and plenty of beer, wine and cocktails - Shakers is always a hit with large parties.

Visit Percival's Island by Bicycle with a Photo Op You'll LOVE

Meet up at Bikes Unlimited and get outfitted with the right bike for you, then head out to the nearby Percival's Island trail for a short, but beautiful, ride on an old train railway. The trains used to journey to the island for maintenance back in the day and you can still find underground repair stations on the dirt paths. Before dropping your bike off, take the opportunity for a snapshot at Lynchburg's first (of seven) LOVEworks sculptures and post with #LYHVA.



Soar at Snowflex

Ever wondered if there was a way to ski, tube and snowboard year round? Well, you can do that right here in Lynchburg Virginia at Liberty Mountain **Snowflex Centre**. Their synthetic slope with misting system creates a perfect surface for year-round winter sports activities. The folks at Snowflex will get you set up with skis or a board and a lesson or two, and then you can hit the slopes and enjoy the views of the Blue Ridge Mountains as you soar down hill.



Bluffwalk Dining Experience

The **Bluffwalk** is a pedestrian walkway in Downtown Lynchburg, providing views of the James River and the Blue Ridge Mountains in the distance. Stroll along the walkway where you will find restaurants with outdoor dining opportunities, public art displays, and fantastic views. Find just what you're craving, whether it is oysters, burgers, vegetarian or something sweet, enjoy a glass of wine or unique cocktail, then sit back and enjoy the views.

YOUR CONTACT FOR LYNCHBURG, VIRGINIA:

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